

## A BACKGROUND TO READING

### DEVELOPING SELF-ESTEEM AND PRAISE

There is no such thing as a perfect parent or a perfect child! You can often think that other parents are coping better than you and other children are easier to deal with. This is not often the case.

All families experience ups and downs from day to day, but it is important to ensure that your child maintains her routine as much as possible so that she feels secure, loved and reassured.

**BEING CONSISTENT IN THE WAY  
YOU MANAGE YOUR CHILD  
IS THE KEY TO FUTURE LEARNING.**

Your child needs to feel good about herself and her achievements and needs to know that whatever happens you love her. Everyone enjoys praise and your child is no exception.

Self-esteem needs nurturing carefully. Too much praise may create over-confidence. Too much confidence in a child can create difficulty for her when fitting in with other children socially.

"Well done!"

You did that beautifully!

You're getting really clever!

"I think you've tried really hard!"

That was careful, good!